



Take care of yourself.

# Get a free\* mammogram

It's fast. It's easy. It could save your life.

Yearly mammograms are recommended starting at age 40 and continuing for as long as a woman is in good health.

Step inside the Mammo a-go-go Community Outreach Program mobile unit to have your mammogram. It's private and set up like a doctor's office.

## REGISTRATION IS REQUIRED

Please call Fowzia Abdullahi 612-302-3438 to make an appointment.

### Brian Coyle Neighborhood Center

### Thursday, February 2

### 1PM-5:30PM

### 420 S 15<sup>th</sup> Ave



\*Costs for the mammogram are covered through insurance, MDH-SAGE program, or community grants.

The Mammo a-go-go Community Outreach Program is made possible by gifts to Park Nicollet Foundation.

For more information, visit [parknicollet.com/foundation](http://parknicollet.com/foundation)

