

# Schedule a Child & Teen Checkup for your child

Make sure your child stays healthy. At a Child & Teen Checkup, you can ask questions and get answers about your child's health.

During the visit, the doctor or nurse will:

- Check your child's height, weight, vision and hearing
- Make sure your child's immunization shots are up-to-date
- Talk about your child's dental care
- Check your child's growth and development
- Talk about your child's social and learning issues
- Talk about your child's stress and how to deal with it
- Talk about your child's risks of drugs, alcohol, tobacco and sex for your teen

Every child and teen who is a member of Hennepin Health should have a checkup at these ages:

Infants	Preschoolers	School age	Teens
0-1 months ▶	15 months ▶	5 years ▶ ♦	13 years ♦
2 months ▶	18 months ♦	6 years ♦	14 years ♦
4 months ▶	24 months ♦ ●	7 years ♦	15 years ♦
6 months ▶	30 months ♦	8 years ♦	16 years ▶ ♦
9 months	3 years ♦	9 years ♦	17 years ♦
12 months ▶ ♦ ●	4 years ♦	10 years ♦	18 years ♦
		11 years ♦	19 years ♦
		12 years ▶ ♦	20 years ♦

▶ Immunization shots are due. | ♦ Regular dental exam is due. | ● Blood test is due.

## Checkups are free and can earn you rewards

Hennepin Health members do not pay a charge or copay for Child & Teen Checkups. Call your clinic to schedule a visit today. Need help to find a doctor or clinic? Call Hennepin Health Member Services at **612-596-1036**.

Hennepin Health members can earn a gift card for your baby or child with a Child & Teen Checkup visit.

- \$75 gift card for 6 visits from 0-14 months
- \$25 gift card for each visit at 15 months, 18 months, 24 months and 30 months
- \$25 gift card for each annual visit from 3-21 years



**Hennepin Health Toll Free  
1-800-647-0550 TTY 1-800-627-3529**

Attention. If you need free help interpreting this document, call the above number.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

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